

# MWR FITNESS AGE AUTHORIZATION

	GENERAL FITNESS SPACES									PROGRAMS & EVENTS		
AGE	FREE WEIGHT & SELECTORIZED AREA	CARDIOVASCULAR AREA	FAMILY FITNESS AREA	GROUP EXERCISE ROOM	MATRIAL ARTS & BOXING ROOM/AREA	LOCKER ROOM & RESTROOM	SAUNA/STEAM ROOM/WHIRL POOL	RACQUETBALL COURT	GYMNASIUM	FITNESS EVENT/PROGRAM	INTRAMURAL SPORTS	SPORTS SPECTATOR
16 - 17	YES Unsupervised	YES Unsupervised	YES <i>(Working out with parent)</i>	YES Unsupervised	YES Unsupervised	YES Unsupervised	NO	YES Unsupervised	YES Unsupervised	YES <i>(Age Appropriate)</i> Line of Sight Supervision	YES* Line of Sight Supervision *Skill Dependent	YES Unsupervised
14 - 15	YES Line of Sight Supervision	YES Line of Sight Supervision	YES Line of Sight Supervision <i>(Working out with parent)</i>	YES Line of Sight Supervision	YES Line of Sight Supervision	YES Unsupervised	NO	YES Unsupervised	YES Unsupervised	YES <i>(Age Appropriate)</i> Line of Sight Supervision	NO	YES Line of Sight Supervision
12 - 13	YES Touch Supervision	YES Touch Supervision	YES Line of Sight Supervision <i>(Not working out)</i> Touch Supervision <i>(Working out with parent)</i>	YES Touch Supervision	YES Line of Sight Supervision	YES Unsupervised	NO	YES Unsupervised	YES Unsupervised	YES <i>(Age Appropriate)</i> Line of Sight Supervision	NO	YES Line of Sight Supervision
9 - 11	NO	NO	YES Line of Sight Supervision <i>(Unable to work out with parent)</i>	YES Line of Sight Supervision	YES Line of Sight Supervision	YES Unsupervised	NO	YES Line of Sight Supervision	YES Line of Sight Supervision	YES <i>(Age Appropriate)</i> Line of Sight Supervision	NO	YES Line of Sight Supervision
7 - 8	NO	NO	YES Line of Sight Supervision <i>(Unable to work out with parent)</i>	NO	NO	YES Unsupervised	NO	YES Touch Supervision	YES Touch Supervision	YES <i>(Age Appropriate)</i> Line of Sight Supervision	NO	YES Touch Supervision
2 - 6	NO	NO	YES Line of Sight Supervision <i>(Unable to work out with parent)</i>	NO	NO	YES Touch Supervision	NO	YES Touch Supervision	YES Touch Supervision	YES <i>(Age Appropriate)</i> Line of Sight Supervision	NO	YES Touch Supervision
2 and under	NO	NO	YES Line of Sight Supervision <i>(Unable to work out with parent)</i>	NO	NO	YES Unsupervised	NO	NO	NO	NO	NO	YES Touch Supervision