

# SUPPORTING MILITARY FAMILIES WITH SPECIAL MEDICAL AND EDUCATIONAL NEEDS

## SPECIAL MEDICAL NEEDS

You should enroll in EFMP if you have a:



spouse



child



dependent adult  
of any age

- Who requires special medical services for a chronic condition
- Who receives ongoing services from a medical specialist
- Who has significant behavioral health concerns

## SPECIAL EDUCATION NEEDS

You should enroll if you have a:



child

from birth to age 21

- Who receives special education services through an Individualized Education Program
- Who receives special medical services
- Who receives early intervention through an Individualized Family Service Plan
- Or is eligible for these services

*Specific criteria can be found in DoD Instruction 1315.19*

## Connect with EFMP & Me

EFMP & Me is a tailored-to-you online tool that offers:

- Step-by-step support for EFMP enrollment, PCS preparation, deployment and more
- Customized help navigating anything from a new diagnosis to education options
- Convenient 24-hour access to EFMP resources from a range of programs

## Find out more at

<https://efmpandme.militaryonesource.mil/>

## Have questions?

You can visit your nearest installation EFMP Family Support office at your local Military and Family Support Center or call Military OneSource anytime to schedule an appointment with a special needs consultant. **800-342-9647**



# HELPING MILITARY FAMILIES WITH SPECIAL NEEDS THRIVE



**EFMP** Exceptional  
Family Member  
Program

**THE EXCEPTIONAL FAMILY MEMBER PROGRAM HAS MORE THAN JUST ONE CONNECTION POINT FOR FAMILIES.**  
 THE PROGRAM HAS THREE SEPARATE COMPONENTS: **IDENTIFICATION & ENROLLMENT**, **ASSIGNMENT COORDINATION** AND **FAMILY SUPPORT**.



**IDENTIFICATION & ENROLLMENT**



**ASSIGNMENT COORDINATION**



**FAMILY SUPPORT**

Enrollment in the EFMP is mandatory for active duty military members. When a family member is identified with special medical and/or educational needs, the special needs are documented through enrollment in the EFMP. Medical services work with families to coordinate identification and enrollment in EFMP.

Medical and military personnel departments work with military members and families to coordinate assignments. While the military mission is the driving force, enrollment in EFMP ensures that a family member's special medical and/or educational needs are considered, since appropriate services may be limited in some locations.

EFMP Family Support plays a critical role in helping families navigate the Identification and Enrollment and Assignment Coordination processes. They also connect families with resources and support – helping them to become their own best advocate – with services including:

- Information and referral for military support providers and community services
- Education and outreach
- Referral to other Military and Family Support Warm handoffs to the EFMP at the next location
- Non-clinical case management

**WHY ENROLL?**  
 Enrollment ensures that the family member's documented medical and/or educational needs are considered during the assignment process. EFMP enrollment is required before you may enroll in TRICARE ECHO.

**Where are EFMP Family Support providers located?**

You can find EFMP Family Support providers primarily at installation Military and Family Support Centers. If you're not located near an installation, consult your service branch website for more information or call Military OneSource at **800-342-9647**.

**How do I contact my nearest EFMP?**

Contact information is available via:

- Your service branch website
- Your installation Military and Family Support Centers
- Military INSTALLATIONS at <https://installations.militaryonesource.mil/>
- Military OneSource at **800-342-9647**